

## Morden - Merton - Spring/ Summer Menu 2023

-  Added Plant Power
-  Vegan
-  Wholemeal

	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Week One</b> 17/04/2023 08/05/2023 05/06/2023 26/06/2023 17/07/2023 18/09/2023 09/10/2023	Option 1	Cheese & Tomato Pizza with Wedges 	Peri Peri Chicken with Rice	Roast Chicken, Roast Potatoes, Stuffing & Gravy	BBQ Quorn with Savoury Rice  	Fishfingers with Chips & Tomato Sauce
	Option 2	Chinese Vegetable Curry with Rice 	Summer Tomato & Butterbean Pasta 	<b>NEW</b> Sweet Potato & Spinach Flan with Roast Potatoes	Cheese & Red Pepper Frittata with Chips & Tomato Sauce	Cheesy Bean Puff with Chips
	Vegetables	Sweetcorn Salsa with Peppers	Broccoli Carrots	Peas Cauliflower	Roasted Carrots Green Beans	Peas Baked Beans
	Dessert	Fruit & Yoghurt 	Fruit Jelly with Mandarins 	Freshly Chopped Fruit 	Iced Vanilla Sponge	Oaty Cookie  
	Or a choice of Yoghurt & Fresh Fruit available daily					
<b>Week Two</b> 24/04/2023 15/05/2023 12/06/2023 03/07/2023 04/09/2023 25/09/2023 16/10/2023	Option 1	Mac and Cheese	Chicken Sausage Hot Dog with Potato Wedges	Peri-Peri Chicken with Roast Potatoes and Gravy	<b>NEW</b> Vegan Meatballs Pasta Bake 	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
	Option 2	French Pizza Bread 	Vegan Sausage Hot Dog with Potato Wedges 	Roast Quorn, Roast Potatoes, Stuffing & Gravy	Vegan Meatballs in Tomato Sauce with Rice  	<b>NEW</b> Vegetable Burger in a Bun with Chips & Tomato Sauce 
	Vegetables	Summer Mixed Vegetables	BBQ Baked Beans Broccoli	Carrots Cabbage	Sweetcorn Green Beans	Peas Baked Beans
	Dessert	Fruit & Yoghurt	<b>NEW</b> Syrup Snap Biscuit 	Fruit Medley 	<b>NEW</b> Apple Strudel with Cream	Chocolate Shortbread 
	Or a choice of Yoghurt & Fresh Fruit available daily					
<b>Week Three</b> 01/05/2023 22/05/2023 19/06/2023 10/07/2023 11/09/2023 02/10/2023	Option 1	<b>NEW</b> Chinese Vegetable Noodles	<b>NEW</b> Chicken Pitta	BBQ Chicken, Roast Potatoes and Sweetcorn Salsa	Vegan Spaghetti Bolognese with Garlic Bread 	Fish in Batter with Chips & Tomato Sauce
	Option 2	Tomato, Lentil and Cheese Pasta	Southern Vegan Burger in a Bun with Seasoned Wedges	Vegan Quorn with Stuffing, Roast Potatoes & Gravy 	Vegetable Enchiladas with Rice 	Cheesy Whirl with Chips
	Vegetables	Green Beans Carrots	Mediterranean Vegetables	Broccoli Carrots	Sweetcorn Cauliflower	Peas Baked Beans
	Dessert	Fruit & Yoghurt	Pineapple Cake with Honey Yoghurt	Fruit Platter 	Vanilla Shortbread 	Chocolate Brownie
	Or a choice of Yoghurt & Fresh Fruit available daily					

### Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

**ALLERGY INFORMATION:** If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.