

Making emotional wellbeing accessible to all.

The Merton Schools Wellbeing Team (MSWT) work within schools providing additional emotional wellbeing support to children, young people, their families and the schools they go to.

Contact our team at mertonschools@talkofftherecord.org

TALK TO US



Our MSWT works within clusters of schools in Mitcham and Morden to keep emotional wellbeing and emotional health at the heart of our community.

We help by offering:



PRIMARY SCHOOL

Counselling for children

Group emotional wellbeing sessions for children

1:1 Parent/carer support

- Managing anxiety
- Managing behaviour

In person or online parent workshops

Staff support and training

SECONDARY SCHOOL

Counselling for young people

Support for low mood and anxiety

Emotional wellbeing group sessions for young people

In person or online workshops

Staff support and training

Contact our team at mertonschools@talkofftherecord.org

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